

Boys & Girls Clubs of Metro Queens Awarded Grant by Boys & Girls Clubs of America and Empire Blue Cross and Blue Shield Foundation

Grant provides \$5,000 of funding to improve health & wellness factors among New York youth to create healthier future generations

Richmond Hill, NY – November 29, 2018 – Boys & Girls Club of Metro Queens received a new grant to improve the health and well-being of Richmond Hill area kids, thanks to Boys & Girls Clubs of America and Empire Blue Cross and Blue Shield Foundation. The Club provides kids and teens with critical programming during out-of-school time that creates a positive environment and supports a healthy, active lifestyle. This grant is one of over 100 distributed across the country by the Anthem Foundation to support Triple Play programming, which delivers health education and programming that promotes the importance of physical activity and proper nutrition, and enables youth to build the skills needed to overcome environmental factors that can negatively impact health and wellness.

Triple Play approaches wellness with a comprehensive, multi-dimensional curriculum designed to help youth create opportunities to take charge of their personal health and wellness. Club members receive evidence-informed health education and programming, delivered in a fun and engaging environment that enable youth to develop the most critical social and emotional skills that are core to success in all areas of their development.

“We are truly grateful for the support and partnership of Empire Blue Cross and Blue Shield Foundation. With their support, we can impact so many kids and teens each year,” said David Kupecky, Executive Director, Boys & Girls Club of Metro Queens. “This grant will help us continue our work of providing healthy lifestyle programming to kids who need it most, and create a positive foundation for them to grow and thrive.”

Empire Blue Cross and Blue Shield Foundation is committed to improving health and strengthening New York communities. Through its Healthy Generations grant program, Empire Blue Cross and Blue Shield Foundation works to identify the issues most in need of attention and then directs its financial support and volunteer efforts toward improving health in those areas. Promoting youth health and active lifestyles is an ongoing focus of the foundation.

For over 60 years, Boys & Girls Club of Metro Queens has inspired and enabled all young people to reach their full potential as productive, caring and responsible citizens. BGCMQ provides quality afterschool programs that enhance the educational, emotional, social, and physical development of youth. Members seek refuge in the Club and benefit from its safe, stable and positive environment, supportive staff, and engaging, constructive activities. The Club serves youth between the ages of 5 and 18 annually, averaging over 850 children per day, from Richmond Hill, South Richmond Hill, Ozone Park, South Ozone Park, Woodhaven, Jamaica, Howard Beach, Kew Gardens, and parts of Brooklyn.

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